

Mile	Split
1	8:00
2	16:00
3	24:00
4	32:00
5	40:00
6	48:00
7	56:00
8	1:04:00
9	1:12:00
10	1:20:00
11	1:28:00
12	1:36:00
13	1:44:00
Finish	1:44:48